

The Samaritan

THE CARE CLINIC FAMILY

1st Quarter 2010

2009-2010
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A New Perspective

After living in Canada for many years, Sylvia returned home to North Carolina to help her aging and ailing parents. Because they required so much of her time, Sylvia could only work part time at first and eventually had to stop working altogether to care for her parents. When Sylvia began experiencing medical problems of her own, she was in a dilemma. She was used to having access to medical care; having lived in a country that provides their citizens with insurance. Now she needed care and did not have insurance or the money to pay to see a doctor, so she did without.

After her parent's death, Sylvia re-entered the work force; however, her income still did not afford her the opportunity to purchase health insurance. Sylvia had learned of The CARE Clinic from her mother, who was a member of The Retired Military Association that donates to The CARE Clinic. Sylvia had preconceived ideas of what a "free clinic" was like and what the people that went to a free clinic were like so she had avoided calling for an appointment. When she could not postpone seeing a doctor any more she finally called The CARE Clinic. Sylvia was humiliated to have to use a free clinic, but what she thought she would get from us was not what she received.

Sylvia says she immediately felt welcome at the clinic. She was treated with respect and never felt as if she was begging for services. After being seen at the evening clinic, she was referred to the day clinic where her diabetes and thyroid problems have been brought under control. Sylvia attended our nutrition classes and has learned to take charge of her health. Sylvia says she enjoys the relationship with Ms. Katheryn and Ms. Marilyn and the staff at the clinic. Sylvia is grateful for The CARE Clinic, and is pleased with the services and the respect she receives.

Thank You, Thank You, Thank You!

As a result of our plea for donations from our Wish List, we have been blessed by our readers who came to our door with many items that were needed. We have received mailing labels, receipt books, postage stamps and paper products galore.

Caroline Whitley, one of our board members, informed us about a possible donation arranged by Joan Poole, the owner of The Pilgrim in Westwood Shopping Center. Joan read about our need for paper towels and acted on that need. When one opportunity passed she again called the clinic to see if we could arrange to have cases of paper towels picked up by some of our volunteers.

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THE CARE CLINIC NAMED GIFT OPPORTUNITIES

The CARE Clinic still has rooms available in our Named Gift Opportunity Program. These may be in honor or memory of someone or an indi-

vidual donation. Please call the clinic at 485-0555 if you are interested or have any questions.

Home Builders Association of Fayetteville, Inc.



Presented by

**SAVVY
HOMES**

RESOURCEFULL LIVING™



The Home Builders Association of Fayetteville has selected The CARE Clinic as the beneficiary of this year's Casino Night event. Savvy

Homes is the 2010 presenting sponsor for Casino Night. This will be the fifth year the Home Builders Association of Fayetteville has generously donated net funds from their Casino Night to a local non-profit, and we are honored to be their selected charity this year.

This fun evening is scheduled for Friday, March 19th from 6:30 – 10:00 p.m. at Highland Country

Club. Tickets are \$75 and guests will be treated to delectable heavy hors d'oeuvres and one drink ticket. You will also have the opportunity to test your luck at various casino games using \$500 in "funny money", which is included in the price of the ticket. Additional "funny money" will be available for purchase. Over 50 raffle prizes will be awarded and there will be three Grand Prizes for the top winners. Tickets must be purchased in advance and are available through the Home Builders Association of Fayetteville by mailing in the ticket form below along with your payment. You may also purchase tickets at The CARE Clinic.

Method of Payment

- Master Card Invoice-HBAF members only
 Visa Check

Number of tickets _____ x \$75 = _____

Total Due _____

Company Name _____ Phone _____

Name _____ Email _____

Address _____

Name on Card _____

Credit Card # _____ Signature _____ Exp. date _____

The Home Builders Association of Fayetteville, Inc.

2935 Breezewood Avenue, Suite 100
 Fayetteville, NC 28303
www.fayhba.org
 There are no refunds for this fundraiser.

Want to be a sponsor or have a question? Contact the HBAF:

Phone: 910-826-0648

Fax: 910-826-0649

E-mail: admin@fayhba.org

Good Neighbors . . .

Cumberland County Health Department's eagerly anticipated move to their new facility presented them with a problem, how to continue to provide state mandated services while making the transition to the new facility. Since most of our clinics are held at night, and we have a long history of working together, our Board unanimously voted to approve the Health Director's request to use our clinic during the transition.

The Health Department staff moved needed supplies and records to our clinic right before Christmas so they could begin offering services here on Monday, December 28th. Select Health Department services were provided here through January 8th, when the move to the new building was completed.

The CARE Clinic was pleased to be a good neighbor to our local Health Department while they made the transition to their new facility. It was a wonderful opportunity for the staff of each facility to get to know each other and see how the other organization works.

VOLUNTEER NAME TAGS

The Volunteer Committee worked with a local vendor to offer name tags to our volunteers at a reasonable cost. The attractive name tags are black with yellow lettering and have The CARE Clinic logo, the volunteer's name, position (optional), and the statement "Volunteering Since (year)." Magnets make the name tag secure without harming any type of clothing. Any volunteer who is interested in ordering a name tag should complete a form (available in the clinic), attach a check for \$5 (made out to the vendor), and turn it in to any staff member. If you are unsure of when you started volunteering, we will be glad to research our database and get the information for you.

2009 Holiday Card Donations

The CARE Clinic receives donations during the Christmas season from businesses and individuals in honor of or memory of a friend or loved one. These donations are given as alternatives to traditional gifts for the holiday for business associates, clients, pastors, friends and family. Holiday acknowledgement cards are sent out from the clinic. This year **44** Memorial Cards and **275** Honoraria

Cards were sent out. The CARE Clinic is the grateful recipient of these thoughtful gifts and has received donations of **\$6,760** this past holiday season from the people listed below! Our gracious thanks to them for choosing this wonderful alternative to traditional holiday gift giving. We appreciate your support!

Carole & John Anderson

Grace Barona

Ann & Anthony Cimaglia

Marcia Gallina

Fr. John Kelly

Manny & Lela Longoria

Katie & Don McFadyen

Eileen & Jim Nolan

Katherine Pugh

Joy Van Hout

Diane & Joe Wunderlich

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Lynn Breeden

Kitty Davis

Lauren & Shields Harper

Beth & Jim Kerchmar

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Helga Baer

Carrie Carroll

Phoebe Fitzgerald

Faye Huggins

Jim H. Kyle, III

John & Karen Mantzouris & Family

Cathy & John Monaghan

Marcia Plyler

Mary Tally

Wachovia Foundation

Upcoming Events

March 19

Casino Night will be held from 6:30 to 10:00 PM at Highland Country Club. The CARE Clinic is the beneficiary of this event put on by the Homebuilders Association and sponsored by SAVVY Homes. Tickets must be purchased in advance and are available at the clinic.

March 29

Volunteer Appreciation

Dinner will be held in the social hall at Hay Street United Methodist Church from 5:30 to 7:00 PM. Volunteers may invite one guest and must pre-register no later than March 22nd to attend the dinner. Awards will be given for Clinical, Administrative, Community, Group, and Military Volunteer of the Year. Come on out and let us show our appreciation for all you do throughout the year to help the clinic!

April 29

10th Annual Wine Tasting & Silent Auction will be held from 6:00 to 8:30 p.m. at the Holiday Inn Bordeaux. Tickets are \$40 per person. Mark your calendars and don't miss out on a fun and exciting evening! The evening features food from one of Fayetteville's finest restaurants and over 80 different wines from all over the world! Call the clinic to make sure your name is on the Wine Tasting Invitation list! Sponsorships are available, so please call to inquire further.

If you would like more information on any of these events, please contact Gloria at 485-0555 or projects@nc.rr.com.

Mark Your Calendars!

STUDENTS HELP WITH BULK MAILINGS

The CARE Clinic has been very fortunate recently to have the help of many students from area schools. On October 21st, 7th and 8th grade students from St Ann's School came here as a part of their "Mission Day" tours. Below are just a few excerpts from some of the stories they were assigned to write about their experiences at the clinic.

When we were there, we folded 10,000 envelopes and if you think that if \$1 was placed inside each envelope and returned, The CARE Clinic would get \$10,000!

ELLIE PEARSON

We knew that we were doing something good for others and that made the day special!

SAMANTHA BEQUER

In The CARE Clinic you can find a small piece of all of its four points: Compassion, Assistance, Referral and Education (CARE). It stands as a mark of hope to the needy and an example of unselfish kindness.

RICKY NAVARRO

On November 11th, as a part of their Community Service Day, Senior High students from The Fayetteville Academy came to the clinic and stuffed, sealed and labeled 3,400 Direct Mail letters.

As a part of their Terry Sanford Global Studies Program requirements, Alex Abbott and Rachel Rogers helped with our October newsletter by stuffing and sealing 1,000 of them. In December they also did the stuffing, sealing and labeling of 1,200 invitations for the Evening of CARE Dinners.

The duties that all of these students performed are a vital service to the very small staff at the clinic. It is so important for young people do tasks such as these, because it makes them realize that there are many people in their own community who are not as fortunate as they are. Thanks again to all of you and to your teachers, administrative staff, advisors and parents for their encouragement and guidance!

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Thank You, Thank You, Thank You!

These items were generously donated by the Cascade Paper Company in Hamlet, NC. As they have so often done in the past, Joey and Mollie Boles came through and drove one of their company trucks to pick up the paper towels and toilet tissue. Our donation is being stored here in town for us to stock up our supply as it runs low. What a blessing it is to just ask and our needs are met!

Classes for Clinic Patients

Monthly classes for weight loss continue to be held at 6 p.m. with the support group meeting following at 7 p.m. At the October class, information was shared on metabolism, exercise, healthy choices, portion sizes and tips for long term success. Because of the holidays no classes were held in November or December.

Beginning in January, expanded services will be

offered. A team of dietitians from the North Carolina Dietetic Fayetteville Extension Group will be volunteering. Topics for these classes will include weight loss, hypertension, label reading, portion control and diabetes management.

Pre-registration for the classes is required. Any patient may contact one of The CARE Clinic staff if they wish to sign up.

Honoraria Contributions OCTOBER 1 - DECEMBER 31, 2009

Honor of	Given By	Honor of	Given By
Howie & Ginny Lloyd	A Friend	Endoscopy Staff	Dr. & Mrs. John R. Jones
Howie & Ginny Lloyd	A Friend	Dr. Skipper Smith	Mr. & Mrs. Harmon L. Kivett
Ms. Helga Baer	Mrs. Edythe T. Baer	Ms. June Tew	Mr. & Mrs. Paul D. Korzen
Rev. Thanh Nguyen	Mr. & Mrs. Tyrone J. Bardon	Marie Stewart's 80th Birthday	Mr. & Mrs. Richard M. Lewis
Richard & Chris Chupkowski	Ms. Grace C. Barona	Colleen O'Leary's Birthday	Mr. & Mrs. Manuel V. Longoria
Dr. & Mrs. Richard Chupkowski	Ms. Lois Burfeindt	Derek, Misauw, and Maple Maynard	Ms. Judith H. Maynard
Dr. Chris Barnes	Mr. James M. Cameron	Steve & Alexandra Holland	Ms. Judith H. Maynard
Dr. Clifton Cameron	Mr. James M. Cameron	Mr. Paul Blake	Rosa McDonald & Mary Lou Wade
Dr. Scott Cameron	Mr. James M. Cameron	Breeden & Cathy Blackwell	Rosa McDonald & Mary Lou Wade
James & Joan Varno	Ms. Joan Campbell	Bobby & Louise Brigman	Mrs. Edna O. McMillan
Ms. Della Terrell	Mrs. Jean H. Canham	Colleen O'Leary's 50th Birthday	Mr. & Mrs. Jim L. Messer
Dr. Zita Baker, DDS	Ms. Pat Childers	Mr. & Mrs. Thomas Fitzgerald	Ms. Carleen M. Miller
Della Terrell's Birthday	Mrs. Betty G. Chiles	Martha & Richard Barnhill	Mr. Thomas A. Moore
Walt & Pat Mingle	Mr. & Mrs. James B. Collins	Mrs. Edwin B. Borden	Mrs. Sarah N. Moorman
Dr. Eugene Finch	Mr. & Mrs. Roland K. Davidson	Mrs. Eleanor Kipp	Mrs. Sarah N. Moorman
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Mrs. Lauren S. Harper	Mr. & Mrs. John D. Hornaday	Martha Wood's Birthday	Mr. & Mrs. C. Thomas Wood
		Michael Steadman's Birthday	Mr. & Mrs. C. Thomas Wood

Memorial Contributions OCTOBER 1 - DECEMBER 31, 2009

Memory of	Given By	Memory of	Given By
Mr. Ronnie Coleman	Mr. & Mrs. David B. Alabaster	Ms. Trick Smith	Mrs. Betty G. Chiles
Daniel M. Ojo	Alpha Medical Center, PA	Ms. Mary "Kitty" Yarborough	Dr. & Mrs. Herbert W. Clegg
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Mrs. Margaret Guy	Dr. & Mrs. Darl H. Champion		

Memorial Contributions (continued)

OCTOBER 1 - DECEMBER 31, 2009

Memory of	Given By	Memory of	Given By
Ms. Pauline "Polly" Smith Grimes	Mr. & Mrs. Kenneth S. Edge	Mr. Billy Atkins	Mrs. Nettie A. McQueen
Mr. Rad Rich	Mr. & Mrs. J. Warren Elkins	Mr. Tristan Paul Bagley	Mr. & Mrs. Jim L. Messer
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Mrs. Claire Rhoads	Mrs. Marcia E. Gallina	Mr. Albert Strepay	Mr. Gerald Strepay & Mrs. Magdeline Strepay
Beloved Husband, Sol	Ms. Leila Goldstein	Fr. Corbin Ketchersid	Mrs. Mary E. Neral
Mrs. Christine Faircloth Gover	Ms. Allana G. Goodyear	Mr. Al Shields	Ms. Perry H. Olive
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Thank you to our Donors of CARE

Contributions received from October 1 – December 31, 2009. Donors are reported on a cumulative basis since the formation of The CARE Clinic. This more accurately reflects the generosity of our Samaritans. The CARE Clinic appreciates your notification of misprints or omissions and apologizes for any error.

Samaritans of Discipleship (Inkind Donations)

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Berean Baptist Church
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Carolina Regional Radiology
Cascade Paper Company
Commercial Sweeping & Landscape
Maintenance
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Holy Trinity Episcopal Church
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Reilly Road Presbyterian Church
S & J Printers
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St Ann's Catholic Church
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Upholstery by Paul
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Rep. & Mrs. Richard B. Glazier
Greater Fayetteville Dental Society
Ms. Anne C. Gregory
Mr. & Mrs. Daniel C. Griffin
Mrs. Edna W. Harper
Mrs. Bonnie H. Hauser
Dr. & Mrs. John T. Henley
Mr. & Mrs. Vivian E. Hollinshed
Ms. Winter S. Holyfield
Homemakers Furniture & Interiors, Inc.
Mr. & Mrs. John D. Hornaday
J. Michael Ruff, DDS, PA
Dr. & Mrs. Edward J. Jackson
Dr. & Mrs. Jessup
Dr. & Mrs. John R. Jones
Mr. & Mrs. Joseph F. Kelly
Mr. & Mrs. James A. Kerchmar
Mr. & Mrs. Gary W. Klann
Mr. & Mrs. James H. Kyle
Mr. & Mrs. Kenneth C. Lancaster
Mr. & Mrs. Richard M. Lewis
Lynn Leath Interiors, Inc.
Mr. & Mrs. Bryce L. Maddox
Mr. & Mrs. Joseph T. Maloney
Margaret Ann Riddle & Richard L. Player, Jr.
Fund
Mrs. Patsy S. Markham
Mascot Trust
Mr. & Mrs. James W. McLean
Mrs. Nettie A. McQueen
Mr. Samuel H. Meares
Mr. & Mrs. Jim L. Messer
Mrs. Hazel P. Miller
New Century Bank
Members of Eileen Nolan's Book Club
Opal Townsend Underwood Advised Fund
Mr. & Mrs. Michael L. Page
Mr. & Mrs. Bobby L. Parrish
Mrs. Elizabeth K. Pate
Peace Presbyterian Church, Presbyterian
Women
Mr. & Mrs. Robert M. Poulk
Dr. & Mrs. Joseph F. Quigg
Mrs. Estelle R. Richard
Mr. & Mrs. Joe H. Roberts, III
Mr. & Mrs. Bill J. Robinson
Dr. & Mrs. Richard E. Roux
Dr. & Mrs. W. Dickson Schaefer
Dr. & Mrs. Sanjay Shah
Dr. & Mrs. Frank S. Shaw
Dr. & Mrs. Richard H. Shereff
S. Owen Smith, DDS
Mr. & Mrs. Ole M. Sorensen
Ms. Patricia C. Stanfield
Mr. Herb Stout & Ms. Teresa Elli
Mr. & Mrs. Ira E. Strack
Strickland Bridge Church of God
Tarheel Chapter Gold Star Wives of America
The LSV Partnership-Architects/Planners - AIA
Tippett, Padrick, Bryan, Merritt & Raynor
CPA's
Mr. & Mrs. James O. Tisdale
Ms. Sharon M. Turner
Mrs. Joy Van Hout
Mr. & Mrs. Ralph E. Vitolo
CAPT (Ret) & Mrs. Richard L. Walker
Mr. & Mrs. J. Lee Warren
Ms. Addie L. Wingate
Mr. & Mrs. C. Thomas Wood
Mr. & Mrs. Joseph N. Wunderlich
Mr. & Mrs. Ramon L. Yarborough
Terri & Carlos Zukowski

Samaritan of Hope (\$5,000-\$9,999)

Bank of America Foundation
Mrs. Janet F. Belk
Bell's Seed Store, LLC

CW3 (Ret) & Mrs. Herman D. Coleman
Ms. Doris M. Davison
Dr. & Mrs. Richard T. Falter
First Citizens Bank
Dr. & Mrs. David R. Fisher
Dr. & Mrs. Brian K. Fleming
GlaxoSmithKline
Dr. & Mrs. William F. Grimes
Hay Street United Methodist Church
Mr. & Mrs. Stephen J. Hunter
Dr. Robert D. Jenks
Jerry Gregory & Associates
Ms. Lois J. Lambie
Lewis Chapel Baptist Church
Macedonia Independent Holiness Church
Manning Family Advised Fund
Massey Hill Baptist Church
Mr. & Mrs. Peter C. Murray
Operation Round Up, South River Electric
Members
Our Family for Families First, Corp.
Mr. & Mrs. Byron Owens
Powers-Swain Chevrolet, Inc.
Mr. & Mrs. Alan W. Smith
Mr. & Mrs. Michael H. Steadman
Mr. & Mrs. George E. Warren
Mrs. Carolyn S. Wilder

Samaritan of Charity (\$10,000-\$19,999)

Angela Valenti, D.V.M.
First Baptist Church, Anderson Street
Mrs. Marcia E. Gallina
Mr. William D. Holt
Joey & Mollie Boles
Fr. John R. Kelly
Macy's Foundation
Mrs. Eleanor B. Manning
Mrs. Mary E. Neral
Dr. & Mrs. James F. Nolan
St Ann's Catholic Church
St Matthews Thrift Shop
Westminster Presbyterian Church
Mr. & Mrs. Thomas M. Wooten

Samaritan of CARE (\$20,000-\$49,999)

Mr. & Mrs. Hennard S. Floyd
Good Shepherd Catholic Church
Highland Presbyterian Church
St Patrick Catholic Church
Mrs. Marie T. Stewart

Samaritan of Stewardship (\$50,000-\$99,999)

Combined Federal Campaign
First Presbyterian Church
JP Riddle Charitable Foundation
Snyder Memorial Baptist Church
St. John's Episcopal Church Elliott Memorial
Fund

Samaritan of Treasure (\$100,000-\$249,999)

CARE Patients
North Carolina Association of Free Clinics
St. Elizabeth Ann Seton Catholic Church

The CARE Clinic
 239 Robeson St.
 PO Box 53438
 Fayetteville, NC 28305-3438
 (910) 485-0555/(910) 485-0111 Fax
 email: care@thecareclinic.org
 web page: www.thecareclinic.org

RETURN SERVICE REQUESTED

Non-profit Org. U.S. Postage PAID Fayetteville, N.C. Permit No. 456
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- Clinic Wish List -

VOLUNTEERS NEEDED

Pharmacists***	Dentists***
Pharmacy Techs	Dental Assistants***
Physicians***	Chiropractors
Physician Assistants***	Social Workers
Nurse Practitioners***	
Nurses***	
Nutritionists	

ITEMS NEEDED

Diet & Regular Canned Soda***	Coffee***
Electric Pencil Sharpeners***	Flashlights***
Postage Stamps***	Coffee Creamer
Pens, Ball-Point, click-top, Black & Red***	Wal-Mart Gift Cards
Receipt Books, Numbered & Carbonless, 2-pt.	EKG Machine – call for details
	White Laser Labels 1" x 2 ⁵ / ₈ " (30 on page)

***Urgent need items

Please call 485-0555 before bringing items to The CARE Clinic

OCTOBER TO DECEMBER 2009 STATISTICS

Primary Care Visits	1012
Dental Visits	279
Prescriptions	2,392
Lab Tests	713
Medication Access & Review Program (MARP) Encounters	145
Nutrition Visits	4
Referrals/Diagnostic Tests	233
Chiropractic Visits	28
Social Worker Visits	91
Total Encounters	4,897
Cost per Patient Encounter	\$70.00

UPCOMING EVENTS - See inside for more details!