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2018
Happy New Year!

It's hard to believe that we are in a new year! As we look back on 2017, we are thankful for the generosity of individuals and businesses in our community. The CARE Clinic would not be able to provide FREE, quality healthcare to our family, friends and neighbors without each donation and volunteer.

2018 is an exciting year for us. In November, we will be celebrating serving our community for 25 years! Did you make a New Year's Resolution? If so, we hope that you have included The CARE Clinic in your resolution for 2018. You can:

- Resolve to financially support the clinic. Each month, we need almost \$44,000 to provide care to our patients. Not receiving any government assistance, we rely solely on donations, fundraisers and grants to raise those funds. Businesses and individuals can make a donation to the clinic or sponsor one or more of our fundraisers throughout the year. You may also contribute items that are on the "Wish List" located on the back of the newsletter.
- Resolve to physically support the clinic. There are many ways you can do this; you can serve on a committee, volunteer during an evening clinic, assist with clerical duties, help at our fundraising events, and other opportunities.
- Resolve to spiritually support the clinic. We ask that you would add us to your personal, church, ladies group, Bible study or family prayer list. Pray that the Lord would bless the clinic, our volunteers and patients.

If you would like more information about donating or volunteering, you can email me at development@thecareclinic.org

Praying that you will have a year filled with peace, love, happiness, and good health!

Cynthia M Spears

Development & Marketing Director

A FAMILIAR STORY

It's a story we have heard repeated many times. "Karen" had always been covered by insurance, first by her parents, then by her husband. That all changed when she got divorced. Although her son was still covered, Karen suddenly found herself with a painful infection, no insurance, and no place she could afford to go for care. Then she heard about The CARE Clinic. Karen called us and got an appointment. After seeing the doctor she received the medication that she needed to clear up the infection. Because of the wonderful care she received she has continued coming to us for about a year now for treatment of various minor health issues. Karen is so appreciative of the care she receives from us; she does what she can to assist the clinic and tries not to ask for too much.

Karen's familiar story became unique recently. When she was finally able to return to work after her first visit with us, her grateful employer offered us free plumbing services – which we recently took advantage of. Then, when she needed to see a podiatrist, she did not mention it during her visit at The CARE Clinic or ask for a referral from us. Instead she asked her sister for help. She made an appointment with a podiatrist and her sister paid for the visit with her credit card. When the office staff saw The CARE Clinic listed as Karen's primary care provider, they refunded the payment to her sister. Karen was so overwhelmed with the generosity of our partnering practices; she shared her story with our Clinical Director. We are so glad she did.

The CARE Clinic sincerely appreciates the support of our donors, volunteers, and community partners that allow us to provide free, quality health care to our grateful patients.

2017 Holiday Card Donations

The CARE Clinic's Holiday Card Program provides a perfect opportunity to give a gift that reflects the real meaning of the season by making a donation to the clinic in honor or memory of someone. Specially designed Holiday cards announcing the donor's "Gift of CARE" were mailed to the honorees. We have many dedicated volunteers who help by addressing all of the cards. This year 86 Memorial Cards and 537 Honoraria Cards were sent out. The CARE Clinic's patients will benefit greatly from these thoughtful gifts which made a net profit of \$9,237.51 this past holiday season. Our gracious thanks to the people listed below for choosing this wonderful alternative to traditional holiday gift giving. We appreciate your support and wish you a blessed and healthy new year!

Sylvia Ayers	Pat Baros	Carolyn & Jerry Beaver
Lynn Breeden & Dolph Berry	Gina & Herb Clegg	Kitty Davis
Betsy Douglass	Kenneth & Brenda Edge	Fayetteville Children's Clinic
Fayetteville Urology Associates: Drs. Nolan, Parfitt & Appel	Carol & Chip Haigh	Phoebe Fitzgerald
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Paula & Joel Smith	Nanette Walsh	Sue & Lee Warren
Carolyn Stovall		
Tommy & Elizabeth Wooten		

Thank you to our Donors of CARE

Contributions received from September 16 – December 31, 2017. Donors are reported on a cumulative basis since the formation of The CARE Clinic. This more accurately reflects the generosity of our Samaritans. The CARE Clinic appreciates your notification of misprints or omissions and apologizes for any error.

Samaritans of Discipleship

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Berean Baptist Church
Carolina Imaging
Commercial Sweeping & Landscape Maintenance
Copiers Plus, Inc.
Cross Creek Imaging
Fayetteville Public Works Commission
First Baptist Church, Anderson St
Food Lion, Ireland Drive
Gates Four Golf & Country Club
Hay Street United Methodist Church
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Holy Trinity Episcopal Church
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Kingdom Impact Global Ministries
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Mission BBQ
Mt Olive Missionary Baptist Church
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St Ann's Catholic Church
St Patrick Catholic Church "Samaritans"
The Climbing Place
The UPS Store at Westwood and Ft. Bragg
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Valley Regional Imaging
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J.P. Riddle Charitable Foundation
NC Office of Rural Health and Community Care
St Elizabeth Ann Seton Catholic Church

Samaritan of Legacy

(\$250,000 +)
CARE Patients

Memorial Contributions ~ September 16 – December 31, 2017

<i>In Memory of</i>	<i>Given by</i>	<i>In Memory of</i>	<i>Given by</i>
Dr. William C. Miller, Jr.	Drs. Barbara & Robert Appel	Mrs. Kyong Sun Brown	ICU Staff at VA Medical Center
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Honoraria Contributions ~ September 16 – December 31, 2017

<i>In Honor of</i>	<i>Given by</i>	<i>In Honor of</i>	<i>Given by</i>
Mrs. Caroline Jiamachello	Mrs. Jan B Anderson	Ms. Alice Bender	Mr. & Mrs. Richard B. Glazier
Bharti Bakri's birthday	Dr. & Mrs. Kamal M. Bakri	Dr. Stephen Kouba	Dr. & Mrs. Walter B. Greene
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Ms. Elizabeth Smith	Mr. & Mrs. Richard B. Glazier	Mike Steadman's birthday	Mrs. Edith M. Wood

Volunteer Appreciation Event Scheduled

The Volunteer Committee is in the planning stages for another exciting Volunteer Appreciation Event scheduled for Monday, March 26th from 5:30 to 7:00 p.m.

They have some exciting new entertainment this year and are looking forward to seeing many of our volunteers attend to thank them for their dedication and service to The CARE Clinic throughout the year. Berean Baptist Church will be donating their fellowship hall and have also graciously agreed to provide the meal for this evening. Pre-registration is required by March 20th and each volunteer may sign up one guest to attend with them.

You may register by calling Cynthia at 485-0555 or by sending an email to development@thecareclinic.org.

UPCOMING EVENTS

Save the Date!

March 26th

Volunteer Appreciation Dinner, 5:30-7:00 PM.
Pre-registration is required.

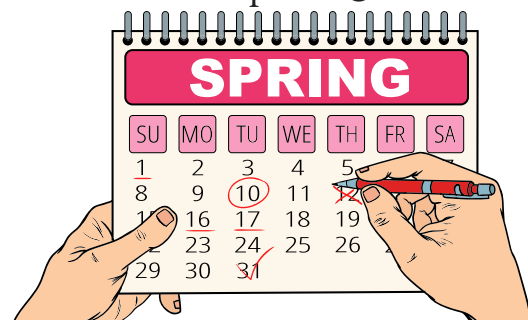
April 26th

18th Annual Wine & Beer Tasting and Silent Auction at Cape Fear Botanical Garden.
Visit www.thecareclinic.org/winetasting.php for more information.

September 20th

24th Annual Golf Charity at Gates Four Golf & Country Club.

If you would like to find out more about any of these events, please contact Cynthia at 485-0555 or development@thecareclinic.org



CARE Clinic Memorial and Honorarium Donations

Please consider giving a donation to The CARE Clinic in memory of or in honor of someone you care about. You and your honoree will feel much better knowing that your thoughtful gift has helped those less fortunate in our own community and surrounding areas. To make a donation in memory of someone, just send us their name and the name and address of the person who is to receive an acknowledgment. We will send them a card stating that you have made a donation in memory of their friend or loved one to The CARE Clinic. For an honorarium donation, send us the name and address of the person you wish to honor and we will send them a card with your name & address on the card. Both types of donations will appear in our newsletter for the quarter in which we have received them. Please contact the clinic at 910-485-0555 if you have any questions or go to our website at www.thecareclinic.org for more information. Thanks for your support!

18th Annual Wine & Beer Tasting

The 18th “Toast of the Town” Wine & Beer Tasting and Silent Auction will be held on Thursday, April 26, 2018 from 6 to 8:30 p.m., at the beautiful Cape Fear Botanical Garden. It’s a fun night to taste some local beer, have a glass of wine, and enjoy great food from Pierro’s, a cigar from Anstead’s and bid on a variety of items in our silent auction. Be sure to watch our Facebook page as we begin posting our silent auction items! As one of our major annual fundraisers, we are in the process of soliciting sponsors for this exciting, community event and would appreciate your consideration to become a sponsor. Please contact Cynthia at development@thecareclinic.org or 910-485-0555 for the different sponsorship levels available.



Flu Season

Influenza (the flu) is a contagious disease which affects the lungs and can lead to serious illness, including pneumonia and in some cases, even death. As of February 1, 2018, there have been more than one hundred flu related deaths in North Carolina. Seasonal flu peaks between December and March but can run through May. The Centers for Disease Control says the Flu vaccination is beneficial as long as flu viruses are still circulating. At this time, Cape Fear Valley Health System is restricting children under age 12 from visiting the hospital and the Emergency Department is limiting visitors to one per patient. To protect yourself against the flu; get a flu vaccine, wash your hands often and cover your cough. If you become sick, stay home and contact your doctor. If you haven’t gotten your flu shot yet, it is not too late. Call your Physician today!



The CARE Clinic ENDOWMENT FUND

An endowment is a fund where the principal is never spent and is invested to create an ongoing source of support for an organization.

You can make endowment gifts of:

- Cash/Checks in any amount
- Stocks/Securities
- Trust/Annuities
- Real Estate/Life Estate
- Bequest in your will
- Beneficiary designation on your life insurance or retirement account
- Other tangible assets

For more information about endowment giving, please call the Cumberland Community Foundation at 910-483-4449

WE ARE THE CARE CLINIC

Glenn Thorp is a Pharmacist with Cape Fear Valley Health System. He has been volunteering for six months.

“I began volunteering at The CARE Clinic because I wanted to give back to the community that I live in. The pharmacy residency introduced me to this opportunity. Recently, a lady lost her job and prescription insurance/medical insurance. She came to The CARE Clinic and was extremely grateful for the services we were able to provide. We were able to prevent her from missing refills with her blood pressure, thyroid and asthma medications.”

SGT Arjay Mendoza is a Pharmacy Technician in the United States Army. He has been volunteering for almost a year. “I choose to volunteer at The CARE Clinic because I want to give back to the community by helping the under-served population. Since I’m military, one patient thanked me for my service. I replied saying, “thank you. I am grateful that I have the opportunity to help those people in need.”

Yung Lee is a student at UNC School of Dentistry. He has been volunteering since January 2017. “I chose to volunteer at The CARE Clinic to give back to my community and to gain experience in the field of dentistry. It is rewarding to be able to help others while at the same time working alongside compassionate dentists. The people at the clinic truly care about the patients and their well-being. Being in such a positive environment makes volunteering that much more fun and exciting! Once I had a patient who was terrified of needles and anesthetics. The patient asked me to hold their hand during the anesthesia and throughout the treatment. The patient was very thankful for me comforting them throughout the procedure. Moments like these remind me why I want to pursue this profession. It further solidified my commitment to pursue dentistry.”

Ginna Pugh is a retired educator with Cumberland County Schools. She has been volunteering for more than a year. “I had always been interested in The Care Clinic and what they do for their patients. The patients are so appreciative. One patient came in and wanted to make a donation. She did not have an appointment that evening but her son had sent her money for her birthday and she wanted to give part of it to The CARE Clinic because they had done so much for her.”

Kerstin Hudgins is a RN at Cape Fear Valley Health. She has been volunteering for four years. “Volunteering at The CARE Clinic is a nice way to give back to the community and to practice nursing with a more personal touch. One evening we were seeing our last patient and getting ready to close when I observed the patient’s mother having a severe cough. She was also a patient but had no appointment that evening. I advocated for her to be seen. We saved her from a potential Emergency Department visit and worsening of her symptoms.”



THE CARE CLINIC

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web page: www.thecareclinic.org

RETURN SERVICE REQUESTED

Non-profit Org.
U.S. Postage
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Fayetteville, NC
Permit No 456

Clinic Wish List

Volunteers Needed

Pharmacists Nutritionists
Pharmacy Techs Dentists
Physicians Dental Assistants
Physician Assistants Chiropractors
Nurse Practitioners Social Workers
Nurses

Items Needed

Wal-Mart Gift Cards – We are asking for gift cards to purchase items that are needed at the clinic. Some examples are; diabetic test strips, wrist braces and fish oil for our patients, and other needed supplies for evening clinics.
Postage Stamps **Toilet Tissue**
Dish-washing Detergent
8 gal. Trash Bags

Please call 485-0555 before bringing items to The CARE Clinic

September 16, 2017 – December 31, 2017 Statistics

Primary Care Visits.....	458	*Nutrition Visits	9
Dental	126	*Specialist Visits.....	35
Prescriptions.....	1,479	*Diabetic Patients Seen.....	101
Lab Tests	178	*Above items are included in the # of Primary Care Visits	
Cost per Patient Sponsorship.....	\$100.00		

UPCOMING EVENTS: SEE INSIDE FOR MORE DETAILS!