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### **VOLUNTEER APPRECIATION**

The CARE Clinic held a Volunteer Appreciation Dinner at Hay Street United Methodist Church on March 31st. Guests enjoyed a delicious buffet prepared by volunteers Rachel Violette and Joe Wunderlich with help from Bennie Sue Holloman and Leo Violette. John Poulos of Superior Bakery donated the rolls for the dinner. Rick Ramos, also a volunteer, set a relaxed atmosphere by playing the guitar and singing before and during dinner.

Volunteer of the Year Awards were presented in five categories:

The Administrative Volunteer of the Year award was presented to Wanda Wynn, who has volunteered as a receptionist during evening clinics and has put in nearly 600 hours since 2008. She is responsible for checking patients in, getting their chart ready for the provider, and making follow up appointments for the patients before they leave. Wanda also stays to help clean up the kitchen and close up after all the patients have gone.

The Clinical Volunteer of the Year award was presented to Dr. Henry Izurieta, a retired Internal Medicine physician. Dr. Izurieta started volunteering in December 1993, shortly after the clinic opened. He volunteered faithfully for 8 years before taking a break. Now retired, Dr. Izurieta returned to The CARE Clinic in 2010 holding an afternoon clinic for diabetics every other Tuesday. He also serves as a member of the Board of Directors.

The Group Volunteer of the Year award was presented to the Kouba family. Dr. Stephen Kouba, an Orthopedist, has been volunteering with The CARE Clinic since 1995. His wife, Marsha, and daughter Jessica, joined him several years ago. A nurse and physician assistant, they enhance the services provided during our orthopedic specialty clinics. The family is







L-R: Marsha & Stephen Kouba, Jessica Kouba Klenzak, Wanda Wynn & Anja Gillespie

extremely dedicated to our patients, showing up as scheduled despite traumatic events in their personal lives including the bombing during their run at the Boston Marathon, and Dr. Kouba's cardiac event at another marathon. Jessica even mentioned donations to The CARE Clinic in her wedding registry.

The Community Volunteer of the Year Award was presented to Anja Gillespie. Anja came to The CARE Clinic in 2006 to offer her services with our Wine Tasting event. Anja joined the planning committee and hit the ground running — literally. Anja does not mind going into a business and asking for a donation. Anja has a file of business cards and dedicates her days off to The CARE Clinic, going around town asking for donations and distributing flyers about the event. In the past 8 years Anja has gotten a wide range of items for our silent auction including gift certificates for massages, scuba diving lessons, and dance lessons. She even got several mopeds and the all-important safety helmet!

The Business Volunteer of the Year award was presented to the Florence Rogers Charitable Trust. Since 1995, the Trust has generously provided grants to The CARE Clinic totaling over \$200,000. A true community partner, the Trust has quickly responded to emergency requests, such as granting the funds

## VOLUNTEER APPRECIATION...Continued

needed to replace our autoclaves (used to sterilize our dental instruments) when both units failed at the same time. They have also generously supported all three Fayetteville NC Missions of Mercy Free Dental Clinics.

Special thanks to our Volunteer Committee for organizing the event and obtaining the always popular door prizes. Special thanks to Hay Street United Methodist Church for hosting the event, the Fayetteville/Ft Bragg/Pope Chapter of Alpha Kappa Alpha Sorority, Inc., The Junior League of Fayetteville and Jack n' Jill Club of Fayetteville.

The CARE Clinic staff appreciates ALL our volunteers, and all you do to support our mission. May God richly bless you for sharing your time and talents with us. We couldn't do it without you!

### TWENTIETH ANNUAL GOLF TOURNAMENT

The CARE Clinic golf tournament is scheduled for Friday, October 3, 2014 at Gates Four Golf & Country Club. The tournament format is a Captain's Choice with four-person teams. It begins at 11:30 a.m. with lunch and registration and continues with a shotgun start at 1:00 p.m. This major fundraiser netted \$26,618 last year to help us in our mission to our community's uninsured adults. We invite you to participate in this wonderful event! If you are not a golfer, but would like to help out, we are in need of sponsors for the tournament expenses, such as catering, greens fees and numerous mailings. If you would like to play in the tournament, sponsor a player, one of our brave Ft. Bragg soldiers or a four-person team, sponsor a hole sign, give a donation, or simply get more detailed information, please contact Gloria at projects@thecareclinic.org or go to the golf page on our website at www.thecareclinic.org/golf\_tournament.php to download a registration form. Thanks for your support!

## UNINSURED AFTER THE AFFORDABLE CARE ACT

Letter to the Editor, Fayetteville Observer March 30, 2014

Although it is true the Affordable Care Act (ACA) will enable some low-income individuals to obtain health insurance, it is also true 23 million or more will remain uninsured. The need for charity care programs, like The CARE Clinic, that provide low income, uninsured with access to low or no cost health care services will continue. This is particularly true in North Carolina and the other 25 states which did not expand their Medicaid program. In nearly every state not expanding, childless adults will remain ineligible for Medicaid. Many of these low income adults will fall into a "coverage gap" — unable to

afford insurance and not qualifying for a subsidy. Further, they will probably qualify for one of the many exemptions and not have to pay the fine for being uninsured.

For the past 20 years, The CARE Clinic has helped low-income, uninsured patients receive the healthcare services they need to get well, keep their jobs, care for their families, and reduce their inappropriate use of high cost sources of care. While the ACA may change the numbers and demographics of the uninsured, the need for charity care programs like The CARE Clinic will stay the same, providing quality healthcare to those low-income uninsured individuals with no other access to care.

### NC MISSIONS OF MERCY FREE DENTAL CLINIC





The NC Dental Society's Missions of Mercy Dental Clinic is coming to Fayetteville again this year at the Charlie Rose Agri-Expo Center on August 1 & 2, 2014. The set up day will be on Thursday, July 31. What an amazing organization and group of people they are!! There are hundreds of grateful people in our area because of the services they provided at the 2013 clinic. Of course, the reason they were able to put on that wonderful event is because of the great community support from our own area volunteers! Thanks for all you did to give back to your community to make this a better place to live! It is time to sign up for this year's event at www.ncmom.info. Select Volunteer at the top of the page, then make your choices from the drop-down menu. In addition to dental professionals, we need many community volunteers to assist patients and fill a variety of other jobs. This picture of people getting dental services represents the amazing need in our community. Thanks so much for your support of this wonderful event!

### EVENING OF CARE



The 17th Annual Evening of CARE Dinner was held on Saturday, February 1, 2014. 602 guests and hosts gathered at 31 host homes for a wonderful evening of dining and fellowship. Guests at one of the homes paid for their meal, but the host chose the option of cooking her own meal. One home decided to go one step further and they all went out to dinner.

We extend a gracious thank you to Snyder

Memorial Baptist Church for allowing the meals to continue to be prepared at their location and for the caterer, Jelisa Montaldo and her staff. This year hosts were given a choice of serving either a Honey Mustard Chicken or a Baked Lasagna Meal to their guests.

The Evening of CARE Committee did a fantastic job, as usual, and was instrumental in securing \$27,350 in sponsorship this year! Committee members are: Jan Smith & Molly Guy, Co-Chairs, Janet Carter, Ann Cimaglia, Judy Cowan, Anne Gregory, Anna Haley, Lucy Hollis Jones, Jo Beth Johnson, Marilyn Kiser,

Luanne Nicholson, Mary Rice and Martha Wood. Our heartfelt thanks to all of them for giving up their time in order to give back to their community!

The Evening of CARE made a net profit this year of \$59,666 and over the years has been the most profitable annual event for the clinic! Thanks so much for the devotion and hard work of the committee and for the generous donations from hosts, guests and donors. Very special thanks to our generous sponsors on whom we rely to help us to continue to provide free quality health care to those in need in Cumberland County:



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# As they always do, our Hosts and Co-Hosts made this year's dinner an unforgettable evening for all of their guests! We genuinely appreciate their willingness to help us in our mission here at The CARE Clinic. They are:

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### THE ARAGHI FAMILY EXPRESSES THANKS

To Value Life:

My father was a wonderful human being who valued life to a great extent. He taught us daily the values of always caring about people and to feel and do the same thing. My family and I are going to continue his legacy, in following his thoughts and footsteps, to value life and to help human beings because that is what he taught us by example. Thank you to all who have donated to The CARE Clinic on his behalf. These donations help The CARE Clinic to remain standing on its feet and continue its commendable mission to help and care for people. Thank you again,

Sincerely,

Sayeh Araghi, PA-C and Dr. Sasan Araghi, MD

Note: The Araghis are long time volunteers and supporters of The CARE Clinic. When they lost their father, Mostafa "Mo" Saedi Araghi, in January, they generously named The CARE Clinic for memorial donations

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# Thank you to our Donors of CARE

Contributions received from January 1 – March 31, 2014. Donors are reported on a cumulative basis since the formation of The CARE Clinic. This more accurately reflects the generosity of our Samaritans. The CARE Clinic appreciates your notification of misprints or omissions and apologizes for any error.

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**Pharmacy Techs** 

Physicians\*\*\*

Physicians Assistants\*\*\*

**Nurse Practitioners\*\*\*** 

Nurses

**Nutritionists** 

Dentists

**Dental Assistants\*\*\*** 

Chiropractors

Diet & Regular Canned Soda\*\*\*

Paper Towels\*\*\*

Coffee\*\*\*

Postage Stamps\*\*\*

Photo Albums with 9" x 11" pages

White Laser Labels 1" x 2 5/8" (30 on page)

Styrofoam Bowls\*\*\* **Coffee Creamer\*\*\*** Wal-Mart Gift Cards Distilled Water

# Social Workers\*\*\* Please call 485-0555 before bringing items to The CARE Clinic January 1 - March 31, 2014 Statistics

Nutrition Visits 1
Referrals/Diagnostic Tests
Chiropractic Visits 8
Social Worker Visits
cations Received11
\$75.00