

# The Samaritan



## 10<sup>th</sup> Anniversary Commemorative Edition 4th QUARTER 2003

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### **A Seed is Planted**

About 13 years ago Dr. Charlie Hoffman approached Catholic Social Ministries concerning a need for a free clinic for low income, uninsured pregnant women. While we were talking about this, several doctors who were interested in doing something for all uninsured/low income residents of Cumberland County approached me. Their concern grew out of their conviction that God was calling them to use their talents and skills to reach out to the poor.

The seed was planted and we began some preliminary work to explore the need. Groups were convened and research started. We quickly realized that there was a need and that it was going to be a big project. We also felt that none of the staff of Catholic Ministries had the expertise to move with it.

We then approached the Daughters of Charity and requested that they consider sending a Sister to help us and they sent us Sister Jean and the rest is history.

It is obvious God has guided this project from the beginning and continues to guide and bless it today.

Sister Dorothy Ann Pyle, DC

### **The Community Comes Together**

The CARE Clinic began ten years ago as a good idea whose time had come. The support of the community and the dedication of countless volunteers have made The CARE Clinic the success it is today. Health care professionals continue to join hands with numerous churches, professional and civic organizations, businesses and individuals who see a need and respond to it with care, compassion, and generosity.

For ten years, a group of dedicated physicians, dentists, physician assistants, nurse practitioners, nurses, pharmacists, chiropractors, social workers, and other volunteers have given freely of their time and expertise to provide medical and dental care to thousands of our fellow citizens. Supporting these health care workers are specialists who see complicated cases in their own offices. Laboratory support is provided at no cost by a local lab. X-rays, ultrasounds, CT scans and MRI scans are provided at no cost by local radiology facilities and read at no cost by local radiologists. Physicians with Womack Army Medical Center's Family Practice Residency Program are in The CARE Clinic each Tuesday evening as part of their training. Many residents come back to volunteer on their own time. A special thanks goes to the retired physicians who conduct daytime clinics to manage the more difficult cases. Cape Fear Valley Health System has a nurse practitioner in The CARE Clinic each Thursday; her focus is with diabetic and hypertensive patients. Providing malpractice coverage for the entire operation is a low cost policy provided by Medical Mutual of North Carolina. The North Carolina legislature's passage of a special law made it easier and less expensive for retired and military physicians to work in The CARE Clinic. *(Continued on next page)*

Numerous volunteers have donated time unselfishly to work in non-health related areas to include being members of the Board of Directors and the clinic's Foundation. In addition to preparing meals for volunteers, area churches make monetary donations.

For their part, the patients have been very responsive and appreciate the hand-up provided by their community. Many make monetary donations at the time of their visit and some return as volunteers.

The overall impact of The CARE Clinic on our community is quite impressive. Countless patients have been treated for medical and dental problems. Many now have their diabetes, hypertension, thyroid disease, etc., well controlled for the first time. Some have had major diseases such as cancer diagnosed at The CARE Clinic and are now alive due to timely care.

Our ongoing challenge is to maintain the base of volunteers while continuously raising the funds necessary to assure financial independence from government subsidies. Our donors give for many reasons including our ability to spend their money wisely. Seventy-eight cents of every dollar donated goes to providing patient care. Our limited paid staffers are indeed miracle workers.

There is a feeling that we are doing something together that makes a great difference for the quality of life in our community. Our patients tell us this all the time.

Tinsley W. Rucker, M.D.  
Volunteer Medical Director

## **In the Beginning...**

On November 16<sup>th</sup>, 1993 the dream became reality, The CARE Clinic received its first patients in a bright and welcoming 3000+ square foot clinic. This facility contained four exam rooms, two dental operatories, pharmacy, and laboratory, nursing station and one waiting area and two offices. Today, after two renovations, the clinic is a 5000+ square foot facility with six exam rooms, three dental operatories, pharmacy, lab, nursing station, two waiting areas, five offices and a large meeting room.

During 1994, the first full year of operation, we served almost nine thousand patients during our Tuesday and Thursday evening clinics. These patients not only received services within the Clinic (medical, dental, pharmacy, lab, etc) but also were referred to specialists and other services (X-ray, MRI, CT scans, etc.) within the community. Today the Clinic serves almost fifteen thousand patients per year and provides the above services plus Chiropractic, Orthopedic, Dietary and Dermot logic care. We now have added evening clinics on two Wednesdays per month and daytime clinics on Wednesdays and Thursdays. The number of prescriptions we provide has more than doubled and exceeds seven hundred per month.

The CARE Clinic was born and sustained by the generous contributions of many in the community. Corporations, Foundations, Businesses, Churches and many individuals contributed funds in excess of our needs. The cute and unique child was showered with gifts. Unfortunately this bounty has not continued and now the maturing child looks tenuously towards adolescence. Since 2000 the Clinic has been forced to use their reserve funds to provide service to an ever-increasing clientele. The need and cost of prescriptions has been especially draining with cost growing from approximately one thousand dollars per month in 1994 to almost ten thousand dollars per month today. We are confident that our generous supporters will reverse this trend.

## **...And God saw that it was Good**

John Reichart

## **The History of Our Logo**

In February 1993, Ms. Cathy Kinlaw, a talented artist and a member of our original steering committee, designed several names and logos for the committee members to consider. Believing in the dignity and belovedness of all persons, The CARE Clinic Board of Directors unanimously chose The CARE Clinic logo you see on all of our literature to symbolize the mission of the developing organization. The meaning behind the logo, as explained by the artist, is as follows:

The perennial hue of hope, a yellow sun is sculpted into four sections, each representing the elements of CARE and creating the acronym from which the name is derived. **C**ompassion, **A**ssistance, **R**eferral, and **E**ducation stand independently as unique contributions to the health and well being of others. When associated together, the elements arrange themselves as puzzle parts that suddenly infuse the insignia with completeness. The emphasis is swept from stern clinical medical treatment and placed on holistic and compassionate consideration for the individual.

## *I Hope You'll Dance!*

The experience of The CARE Clinic was profound where you and I became part of a real and unfolding miracle. Only by looking 'backwards' can one realize this miracle is actually the 'dance' we call 'life' ~ a life-giving dance for others in need. There is a unique version of *Footprints in the Sand* that describes well the heart of CARE and I interweave parts of it now to remind us of the Lord's companionship throughout the dance of life.

In August 1992, the Daughters of Charity sent me to Fayetteville to establish a free health clinic. I remember the slightly panicky feeling upon realizing there was only a \$10,000 start-up grant from the Diocese of Raleigh. Who would help to provide free primary care for the uninsured? How would I share what a privilege it is to serve those in need? And then I met you!

*Imagine you and the Lord Jesus are walking down the road together. For much of the way, the Lord's footprints go along steadily, consistently. But, your footprints are unorganized, streams of zigzags, turnarounds, and circles. For much of the way, it seems to go on like this, but gradually your footprints come more in line with the Lord's...soon paralleling His consistently. You and Jesus are walking as friends. This goes on for miles and miles...perfectly, never wavering.*

The initial dance of CARE contained zigzags of encounters and meetings and then a clearer direction with the Steering Committee. I highlight the gifted footwork of many people who danced with the Lord to help initiate life in the Clinic: All who participated in faith and encouraged others to join our mission for the working poor; and those with strong skills in health care, organization, real estate, fund raising and finance, construction, creativity and interior design, public relations, landscaping, and cleaning. Thank you for placing your footprints in the heart of CARE and helping to bring to life a health care haven for the uninsured.

*But then an interesting thing happened: Your footprints that once etched there next to Jesus' once again become unorganized, streams of zigzags, turnarounds, and circles. You turn to the Lord and say: "Lord, I understand the first scene, I was just learning. And as You walked, you taught me to walk with you." "And Lord, I understand the second scene, You taught me so well, we walked together, perfectly and unwavering. Lord, I don't understand the third scene. Suddenly, my footprints became erratic, worse than before I knew you.*

The CARE Clinic has experienced many changes and challenges these past ten years as it continues to remain faithful to the vision to provide free healthcare to the working poor ~ changes in leadership, board membership, and personnel and challenges in continuing financial support and increasing volunteer staff. And yet, through our service to those in need at CARE, have we not personally deepened and grown?

*Lord, how is this possible because you taught me well and I love You?" The Lord gently touched my shoulder and said: "That, my friend, was when I taught you to dance!"*

As we look back over these ten years, I pray you recognize the wonderful miracles at CARE that occurred as the Lord worked through your heart, hands and feet. And as we look to the future, I hope you realize just how much your zigzagging, turnarounds and circles in the dance of CARE helps to make this miracle live on!

Sr. Jean Rhoads, DC

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## Thank you to our Donors of CARE

*Contributions received from July 1 – August 31, 2003. Donors are reported on a cumulative basis since the formation of The CARE Clinic. This more accurately reflects the generosity of our Samaritans. The CARE Clinic appreciates your notification of misprints or omissions and apologizes for any error.*

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Combined Federal Campaign  
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Snyder Memorial Baptist Church  
St. Elizabeth Ann Seton Catholic Church  
The Fayetteville Observer  
The Kyle Foundation, Inc.

# You're Invited

Saturday November 15, 2003 - 7pm

10th Anniversary Celebration Dinner  
Keynote Speaker - Sr. Jean Rhoads  
Snyder Memorial Baptist Church - Fellowship Hall  
701 Westmont Ave.

Sunday November 16, 2003 - 2-4 pm

Open House  
The CARE Clinic - 239 Robeson St.

## 10<sup>th</sup> Anniversary Celebration Dinner Response Form

Suggested Donation is \$10.00 per person  
Pre-Registration is required

Please fill out the form below and mail with your payment to the address on the back of this newsletter  
**No Later Than November 3, 2003.** Tickets will be mailed to you upon receipt of payment.

\*\*\*\*\*

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Street Address \_\_\_\_\_ Work Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Amount Enclosed \$ \_\_\_\_\_ Number of People Attending \_\_\_\_\_

\*\*\*\*\*

(For Credit Card Payment, Please fill out the section below completely or call the clinic at 485-0555  
with this information and we will gladly handle the transaction for you)

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(910) 485-0111 Fax  
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10th Anniversary  
Commemorative Edition

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Sr. Dorothy Ann Pyle

Sr. Jean Rhoads

Dr. Tinsley Rucker

Plus Info on Special Celebrations