

The Samaritan

THE CARE CLINIC FAMILY

1st Quarter 2006

2006-2007

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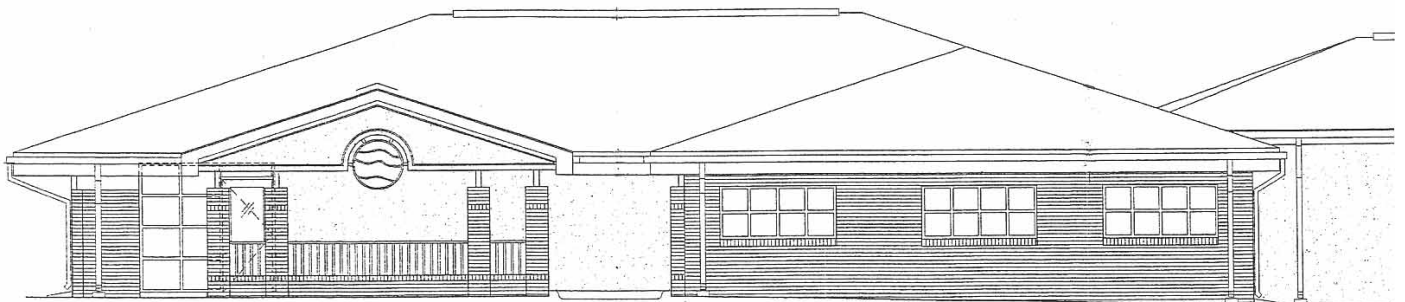
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RAISING THE ROOF

The CARE Clinic has suffered from a leaky roof since opening in 1993, a problem common to many buildings with flat roofs. Despite numerous attempts to locate and fix the leaks, the roof continues to leak. Having to continually replace stained ceiling tiles is an annoyance, but moisture infiltration is a concern. Once purchase of our building was complete, our Board of Directors authorized our Facilities Committee to investigate options for renovating the clinic to address the leaky roof problem as well as other aesthetic and structural concerns.

Thomas Goetz, Architect, graciously volunteered his skills and recently presented a wonderful set of plans to the Board for review. The drawing shown here depicts the installation of a sloped roof over the clinic to help eliminate the leaks. A stucco and brick veneer exterior is proposed to replace the peeling paint and help make the building maintenance free. The window air conditioning units in the dental suite are also to be removed to improve the security of our building. Not shown are plans to install a pipe heating system on our above ground water pipes to prevent the pipes from freezing – as they did five times last winter!

We are very excited about our proposed new look and improving the facility for our patients and volunteers. We are currently applying for grants to cover the cost of the renovation project. In kind donations of needed equipment and construction materials would also be appreciated. If everything goes according to plans, we anticipate starting the proposed renovation project by late spring or early summer.



100 Clinics of CARE

Ring in the New Year with a resolution for 100 Clinics of CARE! The Development Committee has implemented a Resolution for CARE Campaign, asking medical and dental practices and health related businesses in Cumberland County to fund a clinic of "CARE" for uninsured adults in our community who cannot afford medical treatment. By agreeing to underwrite a Tuesday or Thursday clinic through a donation of \$1,000, The CARE Clinic will be adequately funded to continue its current level of care as need increases.

The donation is 100% tax deductible. All 100 Clinics of CARE sponsors will receive recognition on the sponsor sign outside of The CARE Clinic, listing in the newsletter, mention in all press releases to the media, listing in the thank you ad in the newspaper, recognition at the annual volunteer banquet, and listing on The CARE Clinic website as a sponsor. Sponsors will also be invited to a champagne reception to honor all of the Clinics of CARE donors. Be it resolved that all citizens in Cumberland County have access to health care in 2006! Let this be a resolution that our community's healthcare businesses make a reality.



Food Lion Shop & Share

We are happy to report that over \$1,500 has been donated to us through the Food Lion Shop & Share program since The CARE Clinic enrolled in April 2003! We could not have achieved this feat without the help of those who have signed up. We have 195 CARE Clinic patients, 46 volunteers, all of the staff, 48 church members and 121 others who have signed up. The patients love being able to help the clinic by shopping at Food Lion without it costing them any extra! Please spread the word by telling a friend and considering this program as another way that your organization, workplace, garden club, women's club or church group could help the clinic. We can earn as much as \$1,400 a year, so we still need many more people to shop at Food Lion to help The CARE Clinic. Won't you please sign up today? Go to www.foodlion.com or just contact Gloria at the clinic at 485-0555 or projects@nc.rr.com. She will be happy to take your information and sign you up in the program.

Single Mom Receives Care

Some would say The CARE Clinic is a Godsend. Janet is one patient who would agree. She is a single mom who works as a waitress at a small restaurant. Paychecks are nothing to brag about and tips are practically nonexistent. Her teenager works part time while going to high school to help out with the bills. Janet was trying to see a physician in his office but had no way to pay for her visits. She was referred to The CARE Clinic and promptly called for help. She qualified and is currently being seen at The CARE Clinic where she receives the care and medications she needs. Each month she donates as much as she can to help give care to other patients. Janet's employer also appreciates the care we give her, which allows her to have healthier days at work. He is so grateful in fact, that he sent in food from the restaurant specifically for the Thursday afternoon staff and volunteers. That afternoon we were the grateful ones.



Asthma and Allergy Clinic

We are pleased to announce the addition of a monthly Asthma and Allergy Clinic. Dr. Joseph Follett is generously donating his time and talents to help CARE Clinic patients the second Wednesday of each month. Our first clinic was held on November 9. To be seen during the specialty clinic, patients must be screened by one of our volunteer providers during an evening clinic and referred to the Asthma and Allergy clinic. Held in conjunction with our regularly scheduled Wednesday evening clinic, Dr. Follett will see six to eight patients during each specialty clinic.



The clinic is being well received by our patients, who appreciate the opportunity to see a specialist during our evening hours. Thank you, Dr. Follett, for allowing us to offer this specialty care to our patients on site.

The CARE Clinic Serves as Clinical Site for Students

In the past three years The CARE Clinic has served as a clinical site for health care students needing a community health or medical office site for hands on experience. Registered nurses completing their Bachelors of Science degree in Nursing from East Carolina University, Fayetteville State University, Deaconess College, University of Central Florida, University of North Carolina at Greensboro, and University of North Carolina at Chapel Hill have been students at the clinic. Students must often complete a project that will benefit the clinic. One student conducted a class for patients with hypertension. All those materials are still available for use by the clinic. Another student reorganized the clinic's patient teaching materials and put up signs to let patients know they can ask for information and to let the volunteers know the information is available for them to use. Another student revised the clinic's material safety data sheets notebook by getting all the sheets for the materials identified.

Since January, two certified medical assistant students have been doing their externships with the clinic. One student is from Sanford Brown Institute and the other from High Tech Institute.

Students preparing to apply for admission to nursing school, a physician's assistant program or medical school also volunteer to get more clinical experience. The clinic provides a convenient opportunity as many of these volunteers and students work during the day. They also provide the clinic with extra hands to help take care of patients. Many become faithful volunteers once their school experience is over.

The CARE Clinic participated in a site visit by the Commission on Collegiate Nursing Education, the organization which accredited the new nursing program at Fayetteville State University. The instructor who was involved with this said that the surveyor was very impressed that the university was using The CARE Clinic as a clinical site and this helped the university attain their accreditation. By having students at the clinic, both the student and the clinic benefit.

Retired Health Professionals Invited to TAP-IN

The American Health Initiative has launched a new program, **TAP-IN**, to help meet critical needs of Free Clinics through the volunteer engagement of retired health professionals to care for the uninsured. **TAP-IN** is designed to boost Free Clinic volunteerism among six groups of retired healthcare professionals: physicians, dentists, nurses, pharmacists, psychologists, and social workers. It will focus initially on recruiting physicians over age 55 who are retired or nearing retirement, linking them with the nearly 100 Free Clinics operating in Virginia and North Carolina.

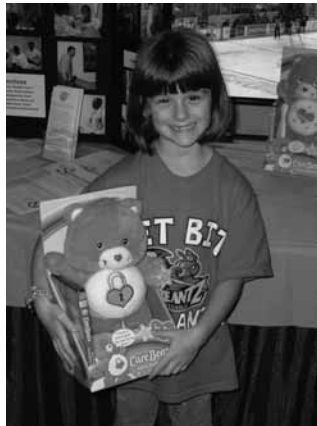
North Carolina and Virginia were chosen as sites to launch **TAP-IN** because they lead the nation in total number of Free Clinics. Both states have well organized State Free Clinic Associations that represent a majority of the Free Clinics in the area, have very low cost retiree medical malpractice insurance arrangements, and offer a strong pool of potential volunteers. Both the North Carolina and Virginia Associations of Free Clinics have agreed to partner with **TAP-IN** in developing and refining the program.

TAP-IN will be launched in the spring of 2006 by targeting physicians to volunteer in seven test clinics in North Carolina and Virginia. The CARE Clinic has been selected as one of the four North Carolina Free Clinics participating in the pilot program. The other North Carolina clinics are The Moore Free Care Clinic in Carthage, The Raleigh Rescue Mission, and The Open Door Clinic in Raleigh. The program will then be extended to the nearly 100 clinics in N.C. and VA before being rolled out nationally and extended to other professionals such as dentists, nurses, pharmacists, and social workers.

Since many retired professionals regret the loss of professional identity and collegiality that often accompanies retirement, **TAP-IN** will provide the opportunity for senior volunteers to stay as engaged, as little or much as desired, practicing in a friendly, hassle free environment where their services are deeply appreciated.

A Big Win for the FireAntz! A Big Win for The CARE Clinic!

Our second annual CARE Night with the FireAntz was a huge success! On November 4, 2005, supporters of The CARE Clinic and supporters of the FireAntz came out to the Crown Coliseum to cheer for our hockey team. The FireAntz had their second win of the season beating the Jacksonville Barracudas 5-3. The night was also a big win for the clinic; with 322 tickets sold by the clinic. A net profit of \$1,300.00 went to The CARE Clinic to help provide services for the uninsured adult residents of Cumberland County.



Lauren Alecca

Not only was the game exciting, but many other events made the night memorable. Care Bears were given away as door prizes, and the children's faces beamed as they were called to The CARE Clinic booth to receive their brightly-colored bears complete with a story CD. During intermissions, CARE Clinic T-shirts were shot into the stands, and our yellow logo was flashed on the scoreboard periodically. The mission statement and information about the clinic was read to the fans at the beginning of the game. Throughout the night, representatives from The CARE Clinic, together with Director Cathy Ory, gave out literature about the clinic and talked to interested people about how they could help by volunteering at the clinic. As a result of CARE Night, many more people are aware of the clinic and its services to our community.

The Community Relations Committee would like to thank all of the Board members and Advisory Board members who so generously supported this event. Many clinic Board members, and clinic volunteers, purchased tickets, sold tickets, and donated tickets to clinic patients. Because of your support the night was a great success!

Upcoming Events

Mark Your Calendars!

MAY 4 - The 6th Annual Wine Tasting will be held at the Saints Constantine & Helen Greek Orthodox Church Hellenic Center from 6:30 to 8:30 PM. The evening features food from one of Fayetteville's newest restaurants and over 80 different wines from all over the world! Don't miss this event for an enjoyable evening while supporting a great cause!

February 25 - The Congregations for CARE Committee is hosting a **CARE Clinic Retreat** for staff, Board, and Advisory Board members and guests. The day of relaxation, reflection, and renewal will be held at Rockfish Outdoor Center from 9:00 AM to 4:00 PM. The theme for this year's retreat is "Upon This Rock."

April 3 - Our Volunteer Appreciation Dinner will be held at Berean Baptist Church from 5:00 to 7:00 PM. Nominations for Clinical, Administrative, Community, Group, and Military Volunteer of the Year Awards are due by February 15th. Nomination forms are available in the clinic or from our website www.thecareclinic.org.

If you would like more information on any of these events, please contact Gloria at 485-0555 or projects@nc.rr.com.

2006 Entertainment Coupon Books

Because of the support and dedication of our donors, volunteers, board members, church members, and others, we have sold **104** books for a profit of over \$1,400 to The CARE Clinic! We are so grateful for the response we have received. Notices for the sale of the books were put up at the clinic, sent by e-mail to Board and committee members, put onto our website, and placed into church bulletins. We had many board and committee members who sold or bought the books to help support the clinic. Dr. Jerry Fonke's Chiropractic Clinic displayed the books at their location and sold 15 books for us! Don't forget to get your book from us in the future, so you can help us treat our many patients and save yourself money at the same time! Thank you so much for your support!

Community Relations Ideas

Are you a member of a civic or church group that schedules monthly meetings? If so, why not consider a program given by a member of our Speakers' Bureau. We will speak for your group, show a ten-minute video about The CARE Clinic, and answer questions about the clinic. Your service group could follow up with a project that would benefit the clinic if they would like.

Are you looking for a small way that you could help the clinic? Consider becoming part of our Speakers' Bureau. We have training available, and you can go with another member to see how the presentations are done. Come with us and see how exciting it is to get others involved in the clinic and its mission to help our uninsured citizens with health care.

Are you on a committee at church that sets your goals or budget for 2006? Many churches are unfamiliar with The CARE Clinic and the needed services that it provides. Please let your church know about us! We have packets available that you can share with church members who are involved in preparing the budget. Just think what an impact it would make if every church in Fayetteville and Cumberland County would make a \$100 line-item commitment in the budget to support The CARE Clinic! Often it only takes getting the word to the right person for this to happen. Won't you consider being a spokesperson for the clinic?

All of us who are supporters of the clinic need to be constantly aware of how we can spread the word about the clinic. Educating the community about The CARE Clinic will increase our support base. We constantly need new volunteers, committee members, and continued financial support. Thanks for all you do every day to support the clinic with your prayers, your volunteer hours, your talent, and your financial commitment.

Contact our Community Relations Committee if you would like more information. Call Gloria at 485-0555 and she will put you in touch with a member.

Holiday Card Donations

During the holiday season, some businesses and individuals give donations to The CARE Clinic as an alternative to traditional gifts for business associates, clients, friends and family. The CARE Clinic sends special holiday cards acknowledging the gifts as being made in memory or in honor of a friend or loved one. This past holiday season, The CARE Clinic received \$5,800 from our Holiday Card program. Our gracious thanks to the following donors for choosing to give "A Gift of CARE" for their holiday gift giving!

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Samaritan of CARE (\$20,000+)

Citigroup Foundation
First Presbyterian Church
Good Shepherd Catholic Church
J.P. Riddle Charitable Foundation
Synner Memorial Baptist Church
St. Elizabeth Ann Seton Catholic Church
St. Patrick Catholic Church

The CARE Clinic
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 email: care@thecareclinic.org
 web page: www.thecareclinic.org

– CARE Clinic Wish List –

Volunteers Needed:

- Pharmacists
- Pharmacy Techs
- Physicians*****
- Physician Assistants*****
- Nurse Practitioners*****
- Nurses
- Dentists*****
- Dental Assistants*****
- Chiropractors*****
- Social Workers*****

Items Needed

- Multi-Fold Paper Towels*****
- Styrofoam Dinner Plates
- Styrofoam Bowls
- Diet Canned Soda*****
- Lysol (*Professional*) Anti-Bacterial Spray
- White Laser Labels 1"x 2⁵/₈" (30 on page)
- Receipt Books, Numbered & Carbonless, 2-pt.
- Copy Paper 8¹/₂ x 11*****
- Sugar*****
- Powdered Coffee Creamer
- Postage Stamps
- Accu-Check Test Strips
- Dishwasher Detergent*****
- Wal-Mart Gift Cards*****

*****Urgent need items**

Please call 485-0555 before bringing items to The CARE Clinic

OCTOBER TO DECEMBER 2005 STATISTICS

Primary Care Visits	728	Nutrition Visits	14
Dental Visits	230	Referrals/Diagnostic Tests	79
Prescriptions	1,820	Chiropractic Visits	55
Lab Tests	355		
Medication Access & Review Program (MARP) Encounters			116
Total Encounters			3,397
Cost per Patient Encounter			\$.52.00

UPCOMING EVENTS

See inside for more details!