

The Samaritan

THE CARE CLINIC FAMILY

2nd Quarter 2006

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Volunteer Appreciation

The CARE Clinic celebrated our dedicated volunteers with a special dinner at Berean Baptist Church on Monday, April 3rd in recognition of Volunteer Appreciation Month. Joey Boles, President of the Board of Directors, welcomed the group and thanked everyone for their many hours of hard work and dedication. Volunteer of the Year plaques were presented to outstanding volunteers in four categories.

The Group Award went to HEALTHSOUTH Diagnostic of Fayetteville for providing one CT Scan and one MRI for our patients every month at no charge. Both are very expensive diagnostic tests which are of great value in providing the proper diagnosis for our patients. HEALTHSOUTH's support of our mission began in 1994 when they were known as Fayetteville Diagnostics.

Lynne Woods received the Administrative Award for her dependable and faithful service keeping our dental clinic operational. Lynne started volunteering in 1997 and comes in every other week to sterilize our dental instruments. Over the years Lynne has trained a number of other volunteers to do what she does but continues to come in every week if no other volunteer is available.

The Clinical Award was presented to Pat Baros, RN who has volunteered about once a month since February 1994. This year, Pat has already held two six week stop smoking classes for our patients, and has a sign up sheet for a third. To make sure we could offer the classes at no charge to our patients, Pat approached the Spring Lake Optimist Club and got them to sponsor the cost of the materials needed for the class.

Martha Wood received our Community Award. Martha joined our Evening of CARE Committee in 2001 and became chair two years ago. Martha hand delivered sponsorship forms to area businesses and spent several entire evenings calling committee members or hosts to be sure every detail was taken care of. Because of Martha's strong leadership, commitment and willingness to do whatever it takes to get the job done, the net profit for our Evening of CARE has increased over \$10,000 in the past two years.

Special thanks to our Volunteer Committee for organizing the event. We also appreciate Diane Vafai, Pastor Steven Byrd, and the staff and volunteers of Berean Baptist Church and Lillian's Trophies for their support in making this wonderful evening possible. Thanks also to Berean's cook, Duyen Burkett for preparing the delicious meal. It is truly an honor and a privilege for our staff members to work with so many devoted volunteers. God bless you all for giving so freely of your time and talents to help us take care of those less fortunate among us.

Left to Right
Martha Wood
Community Award
Lynne Woods
Administrative Award
Pat Baros, RN
Clinical Award



Sandra Berry
*HEALTHSOUTH
Diagnostic
Group Award*



Evening of CARE



What a wonderful evening it was on Saturday, February 4, 2006 for The CARE Clinic's Ninth Annual Evening of CARE Dinner! Three hundred-sixty guests gathered at one of 29 host homes for a great evening of dining and fellowship. Guests at three of the homes made a donation and accepted their host's creative alternative to the catered meal. One home donated their dinner to a women's shelter to provide a special evening for the residents. Another home hosted a dinner, but made their own meal for their invited guests. Guests from the third home went out to dinner together. Some of the hosts involved Terry Sanford Global Studies students as volunteer waiters and waitresses for their guests. It was a great way to lessen the stress of the hosts at some of the larger dinner parties!



This year the hosts were given a choice of serving a Gourmet Meal or a Casual Meal. Thanks to Mrs. Dorothy Royal, the caterer, for developing two wonderful menus this year. Many hosts and guests thought this was the best meal in the history of the event!

The Evening of CARE Committee dedicated many hours to the planning of this wonderful evening. Committee members are: Martha Wood, Chairperson, Sandy Ammons, Mandy Barnes, Debbie Best, Joanne Chavonne, Terry Ciccone, Anne Keith, Leigh Anne McLean, Mary Erwin Olive and Emily Schaefer. Our gracious thanks go to all of them for giving up their time in order to give back to their community!

Thanks to the devotion and hard work of the committee and donations from hosts, guests, donors and sponsors this is our best year yet with a profit of \$42,047 to benefit the patients at The CARE Clinic! Very special thanks to our generous sponsors:

\$3,000 Sponsor

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The CARE Clinic could not survive without the help of organizations and individuals such as these to help us in providing quality health care in Cumberland County.

Our many gracious Hosts and Co-Hosts transformed this year's dinner into a memorable evening for all of their guests! We genuinely appreciate their willingness to help us in our mission here at The CARE Clinic. They are:

Jeri & Bob Adams
Lauren & David Allred
Mary Jon & Joshua Barkman
Mandy & Chris Barnes
Christin & Ken Bellian
Debbie & Michael Best
Mollie & Joey Boles
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Sharlene Williams & Hillman Godwin
Martha & Clyde Wood



“Upon This Rock”

The Clinic Retreat on Saturday, February 25th was held at scenic Rockfish Outdoor Center on a beautiful winter day and attended by thirty enthusiastic and committed CARE Clinic board members, volunteers, staff and guests. Congregation of CARE committee member, John Reichart did an outstanding job of organizing the day which was spent on reflection of the spiritual foundations of the clinic and the impact of spirituality on volunteerism and patient care.

The day began with an opening prayer service led by John Reichart and a motivational address by Brenda Booth, former board member, with sharing from patient Janet Taynor. Great inspirational and energizing presentations were made by former and current volunteers; Dr. Tim Rucker, Dottie Jurek, RN, Joey Boles, current board president, Dr. Rick Booth and Cathy Ory. The afternoon session opened with Dr. Don Maharty sharing the vision behind Fayetteville Church’s involvement in the clinic as a mission. Carolyn Owens and Karen Mantzouris made an illustrative PowerPoint presentation on Snyder Baptist Church and their outreach activities at The CARE Clinic. Frances McDonald spoke on behalf of The Fayetteville Pilot Club and their invaluable service in helping with bulk mailings. Speakers emphasized the spiritual underpinnings of their decision to volunteer and the blessings, insights and changes of attitude which have come about as a result of their CARE Clinic involvement.

The afternoon included a brainstorming session where participants explored concepts introduced by the speakers and visions for the future of the clinic. The input from such a diverse and knowledgeable group generated many creative ideas which John Reichart has assimilated for future action by the board. Reverend Tim Gore brought the day to conclusion with a closing prayer service.



Falling Through the Cracks

Patrick was a truck driver until his world turned upside down two years ago. He was injured in a traffic accident, started losing his sight, and lost his job. Laser eye surgery did not work and he is now legally blind in both eyes. He applied for Medicaid twice but was denied both times. Patrick’s wife passed away 18 months ago so he now lives alone with his beloved dog, and with no income.

Patrick’s elderly father lives next door and has taken on the responsibility of helping Patrick with his daily needs, running errands and taking him to medical appointments. A friend referred Patrick to The CARE Clinic for help with his headaches last year. He easily qualified and has become a model patient. Patrick pays attention to the discharge instructions that the nurses review with him and follows doctor’s orders to the letter. His father promptly brings in any documentation that is needed to apply for medications through the pharmaceutical companies’ indigent drug programs.

Patrick and his father have filed an appeal on the Medicaid denial and hope to win an approval. Until then, both Patrick and his father continuously tell us how much they appreciate having The CARE Clinic to turn to for help with Patrick’s medical care. They also make a point of thanking every volunteer they come in contact with.



Vision Screening

Prevent Blindness NC, held a Vision Screening Clinic for CARE Clinic patients on Thursday, April 13, 2006. The non-profit agency conducted distance and near visual acuity tests, and visual field tests on 36 patients at no charge. The vast majority of our patients tell us it has been years since they had their eyes tested so they eagerly signed up in advance and came in just for the vision screening. The clinic was so well received and so well attended that we hope to schedule another clinic soon.

Patients Grateful To Be Smoke Free

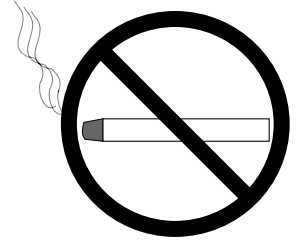
The CARE Clinic made our desires to quit smoking a reality. All four of us agreed that quitting smoking was not going to be the easiest thing we had ever done. We wanted to quit for quite awhile but didn't have the right tools to achieve our mission. Then we heard about the American Lung Association's "Freedom from Smoking" class being held at The CARE Clinic and we signed up for the course. The first night was January 3rd and we met our instructor, Pat Baros, a nurse who volunteers at the clinic. She told us that the course was provided free through the generosity of The CARE Clinic, who provided a place for us to meet and the Spring Lake Optimist Club who paid for the course materials.

Quitting smoking was a challenge, but the group members supported one another and in cooperation with God's grace, all four of us are now smoke-free. The best session was given just before quit day. Katie Mack, an RN and BSN student from East Carolina University, gave a testimony on her experience of quitting smoking. Katie's sharing helped us tremendously. Thank you, Katie. We will never forget you!

We are still very excited about being smoke free and encourage our friends and co-workers who smoke by letting them know that help is available. The "Freedom From Smoking" clinic showed us that over the years we had learned to smoke and like it, but through this course we learned how NOT to smoke and we all love being smoke-free. Thank you for this life-changing opportunity!

Sincerely,

Nancy, Bobbie, Gertrude and Bruce



We're Back!

The CARE Clinic is very pleased to announce we have been approved for participation in the 2007 (Fall 2006) Combined Federal Campaign. Our Designation Code which allows you to direct your donation to The CARE Clinic will not be available until later this summer. Please keep checking our website www.thecareclinic.org or call us at 485-0555 if you need more information



12th Annual Golf Tournament

On Friday, October 6, 2006, The CARE Clinic will sponsor its Twelfth Annual Golf Tournament. This major fundraiser netted \$39,812 last year to help us in our mission to provide free medical care for our community's less fortunate. We invite you to participate in this wonderful event! If you would like to help, we need committee members and sponsors for the tournament expenses, such as catering, golf cart rentals, greens fees and numerous mailings. We would also appreciate donated items for the raffle. If you would like to play in the tournament, become a committee member, sponsor a player or a four-person team, give a donation, or simply get more detailed information, please contact Gloria at 485-0555 or projects@nc.rr.com.

Churches Adopt A Clinic Night

We are pleased to welcome two new churches who have expanded their outreach missions to our community by providing the staffing for a clinic night. Westminster Presbyterian Church staffed a Thursday evening clinic for the first time on March 23. Participating members of their congregation included a physician assistant, a pharmacist, a pharmacy tech, a laboratory technician, social workers, nutritionists, nurses and receptionists. Additional volunteers helped stuff envelopes for a bulk mailing, did minor maintenance chores, and helped develop a new public relations item for us. Other church members provided dinner so their volunteers and our staff could share a meal before starting to see the patients.

Haymount United Methodist Church staffed the clinic on Thursday, March 30, as part of their Lenten Mission, entitled "The Hands and Feet of Jesus". In addition to the clinical staff of physicians and nurses, their team included a dentist who brought her dental assistants with her so we were able to offer a dental clinic, which we usually are not able to offer on a Thursday night. Their volunteers helped complete the bulk mailing that had been started the week before.

We appreciate Westminster Presbyterian and Haymount United Methodist selecting The CARE Clinic for an outreach mission. Church members who know each other, enjoy working with each other, and are here to do God's work, always create a special atmosphere in the clinic which is not lost on our patients.



Collect Aluminum Cans for The CARE Clinic

All-American Surplus & Recycling Center at 6400 Bragg Blvd. has offered to take donated aluminum cans for The CARE Clinic. It is located in the last building on the right side of Bragg Blvd before entering Fort Bragg. The drop off area is located at the right end of the building. Please help The CARE Clinic by donating your aluminum cans to help us treat our patients. This is just one more way that your youth group or church can help the clinic. A check will be sent to the clinic by this business at the end of each month. For more information, please contact Gloria at projects@nc.rr.com or 485-0555. Thanks for your support!



Donated Supplies Help Reduce Expenses

The CARE Clinic relies on the generosity of our business and medical community for donations of new and discontinued items to keep our costs down and allow us to direct more of our funds to patient care. We have been particularly blessed lately to receive many items that will keep us stocked up on some items for quite awhile.

Poole Office Supply on Robeson Street offered discontinued office items they had planned to discard, such as file folders and other medical record keeping supplies. A clinic staff member and volunteer went over and found many items that we could use...some that we were getting low on and had planned to buy soon.

Dr. Arleen Thom generously offered to let us look through her office for any supplies we might be able to use when she closed her practice. We were able to claim many needed medical and office supplies for our clinic.

Dale Filley, Manager of Sam's Club and a member of our Board, recently asked us for a list of items we usually purchase at the store. A list of these items was faxed to him that day. A couple of weeks went by, and we heard a knock at our back door. Imagine our surprise to see Mr. Filley with his vehicle filled with the items on our Sam's Club Wish List!

We also get regular donations from donors, volunteers, church members, area groups and organizations, businesses and many other generous and caring people. Because of these much-needed donations, our operating costs are greatly reduced and we are able to run the clinic more efficiently. Our sincere thanks to ALL of our donors who keep us so well supplied that we hardly have to go to the store anymore! What a blessing you are to the clinic!

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Anna Johnson, Anna Stevens & Rachel Stewart	The Hon. & Mrs. John W. Dickson
Mrs. Mary E. Neral	Ms. Edwina A. Evans
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Dr. Menno Pennink's 70th Birthday	Rep. & Mrs. Richard B. Glazier
Peggy Fisher	Mrs. Sue H. Harris
Hardy McDonough	Mrs. Sue H. Harris
Betty Lewis' Birthday	COL (Ret) Harris R. Hill
My Children	Ms. Dottie J. Jurek
Sue Miller's Birthday	Kay Edwards and Bob Parrish
Mrs. Carleen Miller's Birthday	Mrs. Phoebe Fitzgerald
Lisa Lofthouse	Pine Needles Garden Club

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Contributions received from January 1 - March 31, 2006. Donors are reported on a cumulative basis since the formation of The CARE Clinic. This more accurately reflects the generosity of our Samaritans. The CARE Clinic appreciates your notification of misprints or omissions and apologizes for any error.

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The Original Italian Pie
Dr. Scott C. Tolbert
Mr. & Judge Perry A. Tucker
Dr. & Mrs. Robert L. Tygh
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Wade Hardin Plumbing, Inc.
Dr. & Mrs. Rolf Wallin
Dr. Charles L. Wells
Mr. & Mrs. Arnold E. Williams
Ms. Kelly A. Wilson

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Dr. & Mrs. Frank S. Shaw
CW3 & Mrs. Willie E. Smith
Dr. & Mrs. S. Scott Stapleton
Dr. Carol M. Wadon
Mrs. Addie Wingate
Drs. Eric & Paula Zellner
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Massey Hill Baptist Church
Mr. & Mrs. Ronnie B. Matthews
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Drs. Earl & Toni Meeks
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Mr. & Mrs. Jim Messer
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Mr. John R. Reichart
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Dr. & Mrs. J. Michael Ruff
Senior Road Runners Club
Dr. & Mrs. Sanjay Shah
Dr. & Mrs. Richard H. Shereff
Mr. & Mrs. Samuel E. Short
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Village Presbyterian Church
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CAPT (Ret) & Mrs. Richard L. Walker
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Mr. George E. Warren
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Mr. & Mrs. Clyde T. Wood
Mr. & Mrs. Joseph N. Wunderlich
Joe Wunderlich - Edward Jones
Mr. D.B. Wyatt
Mr. & Mrs. Ramon L. Yarborough
Mr. & Mrs. Jerry Zamora

Samaritan of Hope (\$5,000-\$9,999)

Dr. & Mrs. George A. Binder
First Baptist Church, Anderson Street
First Citizen's Bank
Dr. & Mrs. David R. Fisher
Dr. & Mrs. Joseph McK. Jenkins
Dr. & Mrs. Wes Jones
Fr. John R. Kelly
Dr. & Mrs. James F. Nolan
Mr. & Mrs. Byron Owens
Mr. Robert H. Short
Mr. & Mrs. Alan W. Smith
Westminster Presbyterian Church

Samaritan of Charity (\$10,000-\$19,000)

Cape Fear Valley Health System
Mr. & Mrs. Robert H. Caverly
Holy Trinity Episcopal Church
Mrs. Phoebe Fitzgerald
Mt. Carmel Pentecostal Holiness Church
Pope AFB Chapel
Mrs. Marie T. Stewart
The Junior League of Fayetteville

Samaritan of CARE (\$20,000 +)

Branch Banking and Trust Company
First Presbyterian Church
Mrs. Ashton L. Fox
Ft. Bragg Chapel Tithes & Offering Fund
Good Shepherd Catholic Church
Highland Presbyterian Church
CARE Patients
Snyder Memorial Baptist Church
St. Elizabeth Ann Seton Catholic Church
St. Patrick's Catholic Church
The Florence Rogers Charitable Trust

The CARE Clinic
Post Office Box 53438
Fayetteville, NC 28305-3438
 (910) 485-0555
 (910) 485-0111 Fax
 email: care@thecareclinic.org
 web page: www.thecareclinic.org

RETURN SERVICE REQUESTED

Non-profit Org. U.S. Postage PAID Fayetteville, N.C. Permit No. 456
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– CARE Clinic Wish List –

Volunteers Needed:

Pharmacists
 Pharmacy Techs
Physicians***
Physician Assistants***
Nurse Practitioners***
 Nurses
Dentists***
Dental Assistants***
Chiropractors
Social Workers

Items Needed

Multi-Fold Paper Towels***	Copy Paper 8½ x 11***
Styrofoam Dinner Plates	Paper Towels
Styrofoam Bowls	Powdered Coffee Creamer
Canned Soda***	Postage Stamps
Lysol (<i>Professional</i>) Anti-Bacterial Spray	Accu-Check Test Strips
White Laser Labels 1"x 2 ⁵ / ₈ " (30 on page)	Dishwasher Detergent
Receipt Books, Numbered & Carbonless, 2-pt.	Wal-Mart Gift cards***

*****Urgent need items**

Please call 485-0555 before bringing items to The CARE Clinic

JANUARY TO MARCH 2006 STATISTICS

Primary Care Visits	764	Nutrition Visits	14
Dental Visits	270	Referrals/Diagnostic Tests	114
Prescriptions	1,620	Chiropractic Visits	44
Lab Tests	468	Medication Access Program (MAP) Encounters	168
Total Encounters	3,462		
Cost per Patient Encounter	\$52.00		

UPCOMING EVENTS

See inside for more details!