

# The Samaritan

THE CARE CLINIC FAMILY

4th Quarter 2009

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## Polite Staff Impresses Patient

Brenda is a part-time food service worker so she has no health insurance. Her daughter, who was once a CARE Clinic volunteer, told her about the clinic and suggested she come here for her medical care.

Brenda followed her daughter's suggestion in 2000 and called for an appointment for stomach pain. Through the years Brenda has returned to The CARE Clinic numerous times for medical care and laboratory tests. She continues to receive her care from us.

In her earlier life, Brenda had been a patient at other medical clinics. She says what she remembers most about these other clinics is they had such loud music. She also felt the places were not as clean as she felt they should have been. Brenda says she has always found The CARE Clinic to be very quiet and neat, even when we were in the old building. She finds our new clinic very impressive and really likes to come here. For her, The CARE Clinic is a comfortable place to come for medical care. The most impressive thing about our clinic for Brenda though is the staff. Everyone is very polite when talking to the patients. It does not matter to them that she has no insurance. They always treat her with care and respect.

## Specialty Clinics

The CARE Clinic is blessed to offer three new specialty clinics to our patients. Dr. David Kishbaugh has graciously seen our patients in his office for several years. In April, Dr. Kishbaugh also started holding a Physical Medicine Clinic at The CARE Clinic on the first Thursday of each month during our evening clinic. In August, Dr. Stephen Kouba started holding an Orthopaedic Clinic on the third Tuesday of each month, also during our evening clinic. Dr. Kouba comes with his wife who is a nurse, and his daughter who is a Physician Assistant Student at Methodist University. Dr. Henry Izurieta, who retired from his Internal Medicine Practice earlier this year, is now volunteering his services for a Chronic Care Clinic on Tuesday afternoons. His first clinic was held on September 29<sup>th</sup>.

We sincerely appreciate these physicians, and all our health care professionals who generously volunteer their services, both here at the clinic and in their offices, to help provide care to the low income, uninsured adults in our community who depend on us for their health care needs.

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## WISH LIST Donation Program

Over the last 8 years The CARE Clinic has received many much needed items publicized on our Wish List from individuals and groups in the community. We sincerely appreciate these donations that help us save our limited funds for medications and other patient related expenses. Many times we had just mentioned we were out of something and would have to buy it when someone would show up at our door with that very item! Due to the current state of the economy, however, we have seen a great reduction in the donation of items from our Wish List along with a decrease in our monetary donations.

The next time you go shopping please consider buying just one item from the Wish List printed on the back of this newsletter. You could even make this a group project for your church circle or youth group, scout troop, or Sunday school class. This is a wonderful way to teach our youth that many people in their very own community have much less than they have and it would be a tremendous help to us. Call the clinic if you have a question or to find out what our current needs are. Thanks so much for supporting the clinic through this program!

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## Volunteers help with the Newsletter



It is a major task to put out our newsletter each quarter, but the summer-time is even more challenging. Regular volunteers are on vacation or have friends visiting from out of town. Volunteers had to be recruited from other sources for the last newsletter and they really came through. At 9 a.m. they started coming in and they just kept on coming. Almost all of the volunteers who said they were coming showed up. Some even brought their friends or husbands with them. We also had five young people who came in to help out. Throughout the day, we had a total of 29 volunteers. The board room was full most of the time with no empty chairs. This amazing crew finished stuffing, sealing and labeling 3650 newsletters in only four hours! It was quite a sight. People meeting new friends and enjoying themselves, while helping the clinic do this very important job. Hats off to those who helped that day and to all of the faithful volunteers who help us throughout the year! We could not do this job without you!

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## Holiday Cards

The holidays will be upon us before we know it. Do you still have people to shop for and would like to get them something a little different? Please consider giving a gift that reflects the “real meaning of the season” by making a donation to The CARE Clinic in memory or in honor of someone this holiday season. You and your honoree will feel much better about the holiday season knowing that your thoughtful gift has helped those less fortunate among us in our own community. Just send us your list of names and addresses along with your donation and we will take care of the rest. A holiday acknowledgement card will be sent stating that a donation has been made by you to The CARE Clinic. The minimum suggested donation is \$10 per card. Thanks for your support!

# THE CARE CLINIC NAMED GIFT OPPORTUNITIES

The CARE Clinic is offering named gift opportunities for the rooms in our new clinic. Such named gifts are very practical and a meaningful way of honoring a business or individual while benefiting the work of The CARE Clinic. A plaque will identify the name of the honoree providing enduring recognition. Naming opportunities are limited and will be honored on a first come, first served basis so don't delay. Contact the clinic at 485-0555 or [projects@nc.rr.com](mailto:projects@nc.rr.com) to claim the room of your choice today! Named gift opportunities are as follows:

**Board Room (\$50,000)**

**Patient Waiting Room (\$50,000)**

**Pharmacy (\$20,000)**

(In Memory of Jay Newton by Rae & Gary and Samantha & Isabella Jay Newton and Anna & Jeff Cole)

**Laboratory (\$20,000)**

**6 Exam, 1 Procedure Room (\$10,000 each)**

(1 Exam Room Sponsored by Thomas & Elizabeth Wooten)  
(1 Exam Room in Memory of Dr. C.T. Daniel by his family)  
(1 Exam Room in Memory of Phil Gallina by Marcia Gallina)

**2 Dental Rooms (\$10,000 each)**

**Dental X-Ray Room and Dental Sterilization Room (\$10,000 each)**

**Conference/Education Room (\$7,500)**

(In Memory of George C. Stewart, Jr. by Marie Stewart)

**4 Administrative Offices (\$5,000 each)**

**Dental X-Ray Area (\$5,000)**

**Reception Area (\$5,000)**

(In Memory of Mary Yarborough Moorman by her family)

**Medical Records (\$5,000)**

**Kitchen (\$5,000)**

(Sponsored by BG (Ret) & Mrs. Joseph L. Nagel)

**Work Room (\$5,000)**

(In Memory of Father Corbin Ketchersid by Mary Neral)

**Computer Server Room (\$5,000)**

**Memorial Garden and Bench (\$50,000)**



*Evening of CARE To Be Held February 6th*

*Love to entertain? Wish someone else would do the cooking? Consider hosting a dinner for Evening of CARE on Saturday, February 6, 2010. You invite the guests; we prepare the invitation and the meal. It will be the easiest dinner party you have ever had and it raises money for a great cause!*

*Evening of CARE is one of the most anticipated fundraisers in Fayetteville! Dinners are hosted in private homes across town. Hosts may serve the meal prepared by our caterer or offer an evening of their own design.*

*If you would like to receive an invitation or host a dinner in your home, contact Gloria at The CARE Clinic at (910) 485-0555 or [projects@nc.rr.com](mailto:projects@nc.rr.com).*

## Weight Reduction Class

In July, a volunteer nutritionist held a group weight loss class with 8-10 patients attending. Information was shared on metabolism, exercise, healthy choices, portion sizes and tips for long term success. The patients enjoyed the class and the interaction with each other so much they requested a follow up support group be formed so they could continue to meet and encourage each other!

Monthly classes for weight loss are continuing to be held on the 4th Tuesday of the month at 6 pm with the support group meeting following at 7pm. Anyone who attends the weight loss class is welcome to return monthly for follow up with the support group. Pre-registration for the class is required and any patient may contact one of the staff if they wish to sign up. Individual sessions are also available by appointment. Because of the great response from the patients, the nutritionist plans to add other nutrition topics to the schedule for the coming year.



# GOLF TOURNAMENT

*A Special Thanks to our Tournament Sponsors*

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## Net Proceeds to Benefit The CARE Clinic - \$31,197

*A heartfelt thank you to the entire Golf Committee for  
their hard work and dedication to The CARE Clinic*

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*A Very Special Thanks to Our Many CARE Clinic Volunteers*

## Combined Federal Campaign

The CARE Clinic has been approved for participation in the 2010 (Fall 2009) Combined Federal Campaign. **Our permanent designation code is CFC # 91950.** We greatly appreciate your donations to the clinic and hope that you will plan to help us in this fall's campaign. Please call us at 485-0555 if you need any additional information.

### *Honoraria Contributions* JULY 1 - SEPTEMBER 30, 2009

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### *Thank you to our Donors of CARE*

*Contributions received from July 1 – September 30, 2009. Donors are reported on a cumulative basis since the formation of The CARE Clinic. This more accurately reflects the generosity of our Samaritans. The CARE Clinic appreciates your notification of misprints or omissions and apologizes for any error.*

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 Fayetteville, NC 28305-3438  
 (910) 485-0555/(910) 485-0111 Fax  
 email: [care@thecareclinic.org](mailto:care@thecareclinic.org)  
 web page: [www.thecareclinic.org](http://www.thecareclinic.org)

RETURN SERVICE REQUESTED

Non-profit Org.  
 U.S. Postage  
**PAID**  
 Fayetteville, N.C.  
 Permit No. 456

**- Clinic Wish List -**

**VOLUNTEERS NEEDED**

<b>Pharmacists***</b>	<b>Dentists***</b>
Pharmacy Techs	<b>Dental Assistants***</b>
<b>Physicians***</b>	Chiropractors
<b>Physician Assistants***</b>	Social Workers
<b>Nurse Practitioners***</b>	
<b>Nurses***</b>	
Nutritionists	

**ITEMS NEEDED**

<b>Styrofoam Bowls***</b>	<b>Receipt Books, Numbered &amp; Carbonless, 2-pt.***</b>
<b>Paper Towels***</b>	<b>Brown Mulch***</b>
<b>Diet &amp; Regular Canned Soda***</b>	<b>Hand Sanitizer Gel***</b>
<b>Quart &amp; Sandwich-sized Ziploc Bags***</b>	Wal-Mart Gift Cards
<b>White Laser Labels 1"x 2 5/8" (30 on page)***</b>	Postage Stamps
	Coffee Creamer

\*\*\*Urgent need items

*Please call 485-0555 before bringing items to The CARE Clinic*

**JULY TO SEPTEMBER 2009 STATISTICS**

Primary Care Visits .....	.979
Dental Visits .....	.277
Prescriptions .....	2,112
Lab Tests .....	.671
Medication Access & Review Program (MARP) Encounters .....	.172
Nutrition Visits .....	.10
Referrals/Diagnostic Tests .....	.145
Chiropractic Visits .....	.41
Social Worker Visits .....	.43
<b>Total Encounters .....</b>	<b>.4,450</b>
<b>Cost per Patient Encounter .....</b>	<b>\$.70.00</b>

**UPCOMING EVENTS - See inside for more details!**